



IMPORTANT INSURANCE INFORMATION FOR 2026

Dear Parent/Guardian,

As we prepare for the new year, we want to remind you of the importance of notifying Autism ETC of any changes to your insurance coverage for 2026. Maintaining updated insurance information allows us to ensure uninterrupted services for your child and to prevent any unexpected issues with billing or authorizations.

If your insurance policy will be changing, or if you are considering any adjustments to your current plan, please inform us as soon as possible. This will allow us to verify coverage and process any necessary documentation in a timely manner.

You may provide updated insurance information by contacting our office at (615) 376-0034 [option 1 for English and Option 3 for Celeste Stapp] or by emailing us at cstapp@autismetc.com.

Thank you for your attention to this matter and for your continued partnership with Autism ETC.

Autism ETC

2025 SPOTLIGHT STORIES

As we close out 2025, we're excited to reflect on an incredible year of progress, dedication, and transformation at Autism ETC.

Throughout the year, families and clinicians have shared their inspiring stories, each one a testament to the power of compassion, collaboration, and perseverance.

You can read all of their stories on our website.





LIFE SKILLS

This month, our life skills group will be learning all about health, nutrition, and safety in the kitchen.

Week 1: 12/1 - 12/5

Exercise

Week 2: 12/8 - 12/12

Nutrition

Week 3: 12/15 - 12/19

Meal Prep

Week 4: 12/22 - 12/26

Closed for Holidays

Week 5: 12/29 - 1/2

Kitchen and Kitchen Safety

WELCOME TO THE TEAM

Krupa Patel - RBT

Shelby Hawkins - RBT

Antonio Zapata - Paraprofessional

Ron Pitts - Paraprofessional

Kiya Griffin - Paraprofessional

Makiya Wallace - Paraprofessional

Mishia Johnson - Paraprofessional

Roseangella Lopez - Paraprofessional

Grace Hall - Paraprofessional

Nick McKenzie - Paraprofessional

CONGRATS ON YOUR PROMOTION!

Heidi Bainbridge - BCaBA - Professional Park

CLASSROOM SKILLS

Week 1: Music

Letter: Rr **Shape:** Triangle **Color:** Blue

Preschool: Make scribbles on paper using palm of hand

School age: Identify a main topic, classify/count/compare, use tools to answer scientific questions, using pencil eraser and sharpener, traveling

Week 2: Llama, Llama

Letter: Ss **Shape:** Diamond **Color:** Purple

Preschool: Imitate crayon/marker strokes

School age: How to retell stories, identifying 2D shapes, ramps, using glue and tape, leisure time

Week 3: Alphabet

Letter: Tt **Shape:** Heart **Color:** Pink

Preschool: Write name on paper

School age: Capitalization, identifying 3D shapes, gingerbread, the 5 senses, cutting with scissors, leisure time

Week 4: Closed for the Holidays

Week 5: Winter

Letter: Vv **Shape:** Pentagon **Color:** Brown

Preschool: Participate in word games and finger play

School age: Punctuation, identifying shapes in an environment, ice and snow, cutting with scissors, using a 3-hole punch and 3-ring binder, coping with stress