



## Calendar + Skills

Monday	Tuesday	Wednesday	Thursday	Friday
July 31 Pets Social Skills & Leisure Time: Alone vs with others	1 Pets Social Skills & Leisure Time: Alone vs with others	2 Pets Social Skills & Leisure Time: Alone vs with others	3 Pets Social Skills & Leisure Time: Alone vs with others	4 Pets Social Skills & Leisure Time: Alone vs with others
7 Back to School Outings/Going Places/Field Trips - Restaurants	8 Back to School Outings/Going Places/Field Trips - Restaurants	9 Back to School Outings/Going Places/Field Trips - Restaurants	10 Back to School Outings/Going Places/Field Trips - Restaurants	11 Back to School Outings/Going Places/Field Trips - Restaurants
14 All About Me Outings/Going Places/Field Trips - The Doctor	15 All About Me Outings/Going Places/Field Trips - The Doctor	16 All About Me Outings/Going Places/Field Trips - The Doctor	17 All About Me Outings/Going Places/Field Trips - The Doctor	18 All About Me Outings/Going Places/Field Trips - The Doctor
21 Ice Cream Outings/Going Places/Field Trips - The Dentist	22 Ice Cream Outings/Going Places/Field Trips - The Dentist	23 Ice Cream Outings/Going Places/Field Trips - The Dentist	24 Ice Cream Outings/Going Places/Field Trips - The Dentist	25 Ice Cream Outings/Going Places/Field Trips - The Dentist
28 Ice Cream Outings/Going Places/Field Trips - Going to the Store	29 Ice Cream Outings/Going Places/Field Trips - Going to the Store	30 Ice Cream Outings/Going Places/Field Trips - Going to the Store	31 Ice Cream Outings/Going Places/Field Trips - Going to the Store	September 1 Ice Cream Outings/Going Places/Field Trips - Going to the Store

**Life Skills Group:**

- August Week 1: Social Skills and leisure time: Alone vs. with others
- August Week 2: Outings/Going Places/Field Trips: To a Restaurant
- August Week 3: Outings/Going Places/Field Trips: To the Doctor
- August Week 4: Outings/Going Places/Field Trips: To the Dentist
- August Week 5: Outings/Going Places/Field Trips: Going to the Store

**Week 1: Pets - Our letter of the week is Dd, our shape is a star, and our color is gold.**

Preschool group: Learning to listen to simple stories  
School age group: Learning to identify a main topic, understand number lines, and return materials to the correct location

**Week 2: Back to School - Our letter of the week is Aa, our shape is a circle, and our color is red.**

Preschool group: Learning about body part awareness  
School age group: Learning about answering questions about a text, 10 frames, and lining up in class

**Week 3: All About Me - Our letter of the week is Bb, our shape is a rectangle, and our color is orange.**

Preschool group: Learning to respond to familiar requests  
School age group: Learning to identify characters in a text, naming numbers 1-20, and putting away personal items

**Week 4: Ice Cream - Our letter of the week is Cc, our shape is an oval, and our color is yellow.**

Preschool group: Learning to complete one-step directions  
School age group: Learning to identify settings in a text, the relationship between numbers and quantity, 5 senses and sitting appropriately for large group instructions

**Week 5: Ice Cream (wk 2) - Our letter of the week is Dd, our shape is a square and our color is green.**

Preschool group: Learning to listen to simple stories  
School age group: Learning to identify events in a text, 1 to 1 correspondence, our 5 senses, and transitioning between activities

## Resources

### \$600 in Respite Funds Available

If your child has autism, a mental health diagnosis, or a physical disability the Tennessee Respite Coalition has \$600 in respite funding available immediately if you need assistance paying for services.

**Call: 615-269-9687**  
**Email: [assistant@tnrespite.org](mailto:assistant@tnrespite.org)**

### Katie Beckett Program: Up to \$10,000/yr.

The program provides coverage for expenses that insurance does not cover via a Health Reimbursement Account (HRA). Examples include deductibles, coinsurance, and copays. Families may qualify for \$10,000 each year. For many of our families, this amount would cover their total out-of-pocket expenses for a year.

**Learn more and apply here**



## Spotlight

### Meet Anna!



When Anna began services at the center, her mom Ashley shared, “Anna was not able to express how she felt. Anna was totally into her books. She never became aggressive when she could not express herself, she would just break down and cry. She tried to ask for help but was unable to do so. I feel like she did not understand that she needed help. She also needed help with fine motor skills. I was impressed with the program at Autism ETC. The program is play-based and is positive and fun. I felt like my daughter was being heard and the level of care is amazing. I felt like Kayla cared about Anna and wanted to help her. I also loved the open-door policy where I can come in, sit in, and watch and learn. As a parent I felt welcomed and heard.”

**Read the full story here:**

