







# April 2023

## Calendar + Skills

Monday	Tuesday	Wednesday	Thursday	Friday
Insects Daily Living: Personal Hygiene	7 Insects Daily Living: Personal Hygiene	Insects Daily Living: Personal Hygiene	Insects Daily Living: Personal Hygiene	Insects Daily Living: Personal Hygiene
13	14	15	16	17
Easter Daily Living:	Easter Daily Living:	Easter Daily Living:	Easter Daily Living:	Easter Daily Living:
Personal Hygiene	Personal Hygiene	Personal Hygiene	Personal Hygiene	Personal Hygiene
20	21	22	23	24
Earth & Environment	Earth & Environment	Earth & Environment	Earth & Environment	Earth & Environment
Daily Living:	Daily Living:	Daily Living:	Daily Living:	Daily Living:
Getting Dressed	Getting Dressed	Getting Dressed	Getting Dressed	Getting Dressed
27	28	29	30	May 1st
Dr. Seuss	Dr. Seuss	Dr. Seuss	Dr. Seuss	Dr. Seuss
Daily Living:	Daily Living:	Daily Living:	Daily Living:	Daily Living:
Cleaning Up	Cleaning Up	Cleaning Up	Cleaning Up	Cleaning Up

#### Younger Kids

Week 1- Insects: Where they live and what they eat. We will go outside and explore different

Week 2- Easter: Bunnies, Easter books, and egg hunt practice Week 3- Earth & Environment: Things that we can do to treat our environment kindly.

Week 4: Dr Seuss- We will work on listening to books and looking at the pictures.

#### Older Kids

- Practicing sight words
- The Life Skills Group will work on hygiene, personal care, getting dressed, and cleaning up.

### Resources

### \$600 in Respite Funds Available

If your child has autism, a mental health diagnosis, or a physical disability the Tennessee Respite Coalition has \$600 in respite funding available immediately if you need assistance paying for services.

> Call: 615-269-9687 Email: assistant@tnrespite.org

#### Katie Beckett Program: Up to \$10,000/yr.

The program provides coverage for expenses that insurance does not cover via a Health Reimbursement Account (HRA). Examples include deductibles, coinsurance, and copays. Families may qualify for \$10,000 each year. For many of our families, this amount would cover their total out-of-pocket expenses for a year.

Learn more and apply here



# **Spotlight**

## Meet Adi!

Discussing Adi's progress, his mother Sreeja said, "We noticed a difference with Adi within a month or two from when he started at Autism ETC. He loves going to the center.... I see Adi evolving into his full potential. He is going to graduate therapy in a few months and will be starting school this summer. He has learned how to deal with his stemming behaviors and has learned coping skills he uses on a daily basis."

Visit our website to read the full story.