







February 2023

Calendar + Skills

Monday	Tuesday	Wednesday	Thursday	Friday
		Dinosaurs	Dinosaurs 2	Dinosaurs
6	7	8	9	10
Dinosaurs Air/Water Travel	Dinosaurs Air/Water Travel	Dinosaurs Air/Water Travel	Dinosaurs Air/Water Travel	Dinosaurs Air/Water Travel
13	14	15	16	17
Valentines Preparing for a trip	Valentines Preparing for a trip	Valentines Preparing for a trip	Valentines Preparing for a trip	Valentines Preparing for a trip
President's Day Center Open 20	21	22	23	24
My Body and Bones	My Body and Bones	My Body and Bones	My Body and Bones	My Body and Bones
27	28			
Eric Carle Housekeeping – Bathroom &	Eric Carle Housekeeping – Bathroom &			
Laundry	Laundry			

Younger Kids

- Dinosaurs: We will discover what habitat they lived in and their different sizes.
- Valentine's: We will make Valentines and our staff will be delivering them to facilities in the area.
- My Body and Bones: We will sing songs and complete puzzles and games to learn about our skeletal
- Eric Carle: We will explore his many books, including The Very Hungry Caterpillar, Brown Bear Brown Bear, The Grouchy Ladybug, and more!

Older Kids

- We will learn about Air/Water Travel and practice preparing for a trip.
- We will cover the basics of housekeeping and practice skills we've learned.

Resources

\$600 in Respite Funds Available

If your child has autism, a mental health diagnosis, or a physical disability the Tennessee Respite Coalition has \$600 in respite funding available immediately if you need assistance paying for services.

> Call: 615-269-9687 Email: assistant@tnrespite.org

Katie Beckett Program: Up to \$10,000/yr.

The program provides coverage for expenses that insurance does not cover via a Health Reimbursement Account (HRA). Examples include deductibles, coinsurance, and copays. Families may qualify for \$10,000 each year. For many of our families, this amount would cover their total out-of-pocket expenses for a year.

Learn more and apply here



Spotlight

Ezra's Story

Meet 5-year-old Ezra! Ezra's mom, Laquesha, says, "When Ezra started services, he was non-verbal, continued to struggle to make eye contact, and was sensitive to noise and transitioning. He was not making progress and had problems in preschool and kindergarten. I felt all alone. However, at Autism ETC, I felt like I had a support group. I had never experienced this kind of support. As a result, I took him out of school so he could receive full-time services. Ezra is happy to be at Autism ETC."